

Monthly
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Simply Seasonal

Potato & Turnip Mash

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Potato & Turnip Mash

Ingredients

2 large potatoes*, peeled and chopped
2 medium-large turnips*, peeled and chopped
¼ c. milk or soy milk
2 T. sugar
2 T. butter

*can be found locally

Directions

1. Preheat oven to 350° F.
2. Put potatoes and turnips into a large pot and cover with water. Bring to a boil; cook until tender. Drain.
3. Mash potatoes and turnips. Add sugar and butter.
4. Add milk as needed to reach desired consistency. Turn into a buttered casserole dish.
5. Bake, uncovered for 15 minutes.