AFFORDABLE LOCAL EATING

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# Simply Seasonal

### Berry's Salad

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## Berry's Salad

### Ingredients

- \*2 bunches fresh spinach, washed and drained
- \*1 pint fresh strawberries, washed, hulled and halved ½ cup sugar
- 2 Tbsp sesame seeds
- 1 Tbsp poppy seeds
- \*1 ½ tsp minced onion
- 1/4 tsp Worcestershire sauce
- ¼ tsp paprika
- ½ cup olive oil
- 1/4 cup apple cider vinegar

\*can be sourced locally

#### Directions

- 1. Place spinach and strawberries in a salad bowl and gently mix.
- 2. Place sugar, sesame and poppy seeds, onion, Worcestershire and paprika in blender.
- 3. With blender running, add oil and vinegar in slow steady stream until thoroughly mixed and thickened.
- 4. Serve with spinach and strawberries.

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