

AFFORDABLE LOCAL EATING

Monthly
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Simply Seasonal

Arugula, Apple, Hazelnut Salad

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Arugula, Apple, Hazelnut Salad

Ingredients

- *1 bunch arugula, chopped into bite-sized pieces (including stems)
- *1 apple, diced
- *1 slice of red onion, diced
- *1/4 cup hazelnuts, chopped
- 2 Tbsp olive oil
- *1 Tbsp balsamic vinegar
- Salt & pepper to taste

*can be found locally

Directions

1. Combine arugula, apple, red onion, and hazelnuts in a salad bowl.
2. Toss with olive oil and balsamic.
3. Sprinkle with salt and pepper.

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