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# Simply Seasonal

## Colorful Cabbage Salad

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## Colorful Cabbage Salad

### Ingredients

- \*4 cups purple cabbage, finely chopped
- \*1 red bell pepper, diced
- \*5 green onions, chopped
- \*2 carrots grated
- \*½ cup cilantro or parsley, chopped
- Sunflower seeds
- Diced avocado

\*can be found locally

### Directions

1. Mix cabbage, pepper, green onions, carrot, sunflower seeds and cilantro
2. Serve with your favorite salad dressing
3. Garnish with avocado