

Monthly
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Simply Seasonal

Root Vegetable & Bean Soup

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Root Vegetable & Bean Soup

Ingredients

- *1 ½ cups parsnips, peeled and sliced
- *1 medium potato, diced
- *1 cup rutabaga, diced
- *2 medium carrots, sliced
- 1 Tbsp olive oil
- ½ tsp salt
- 3 cups broth
- *1 cup dried beans, cooked (3 cups cooked)
- *1 Tbsp fresh thyme or 1 tsp dried thyme

*can be found locally

Directions

1. Place all ingredients in a soup pot and stir. Simmer until vegetables are fork-tender.
2. To thicken soup, mash some of the vegetables and beans, lightly.