



What can you do about climate change??

DONE	NOT	CATEGORY
		Household
		Install a programmable thermostat and set the sleep and away times
		Install a heat pump water heater
		Turn off/down water heater when on vacation
		Had an Energy Trust home energy audit and implemented the recommendations
		Replace nearly all incandescent light bulbs in the house with LED or CFL bulbs
		Install insulation below the floor of your home
		Install extra insulation in the attic of your home
		Install double-paned windows
		Weather-strip windows, doors and outlets on outside walls
		Install low-flush toilets
		Install solar panels on the roof
		Use natural ventilation (open windows) for cooling instead of an air conditioner
		Unplug electronics chargers when not in use
		Hang-dry clothes on an inside rack
		Install an outdoors line for clothes drying
		Not water your lawn over the summer
		Capture roof runoff for irrigation
		Use native and drought resistant plants in landscaping
		Subscribe to Blue Sky Renewable Energy from Pacific Power
		Subscribe to Smart Energy from Northwest Natural (gas)
		Calculate your carbon footprint? https://www3.epa.gov/carbon-footprint-calculator/
		Food
		Reduce beef consumption
		Reduce meat (all kinds) consumption
		Eat vegetarian at least three nights a week
		Eat a vegan diet
		Grow a significant amount of your own food
		Strive to reduce food waste by not over-buying food and using leftovers promptly
		Carry a water bottle and not buy bottled water
		Bring your own coffee cup for take-out rather than a paper cup
		Buy local food whenever possible
		Buy organic food regularly
		Use a compost bin
		Shop at a Farmer's Market
		Belong to a community supported agriculture (CSA) subscription plan
		Belong to a cooperative grocery
		Consumer
		Buy used goods as a first choice
		Think seriously if an item is really necessary before purchase
		Try to repair an item before disposing of it
		Choose to give gifts of time or self-effort instead of purchased

(over)

	Recycle paper, plastic, metal, and glass
	Buy food in bulk to avoid unnecessary packaging
	Participate in alternative economies such as Hour Traders, swaps, or online sites/lists
	Shop at Goodwill, Thrift Shop, The Habitat ReStore, or similar stores
	Use Energy Star ratings when selecting appliances
	Move your money from banks financing fossil fuel infrastructure—Wells Fargo, Bank of America, Chase
	Divest any investments from fossil fuel companies
	Transportation
	Drive a hybrid car or electric vehicle
	Walk short distances rather than drive
	Ride a bike for a significant amount of in-town travel
	Use the city bus for getting downtown and back home
	Walk to work regularly
	Carpool to work regularly
	Take the city bus to work regularly
	Ride your bike to work regularly
	Telecommute sometimes
	Access Drive Less/Connect online to share car rides
	Plan that the next vehicle you buy will be hybrid or electric
	Choose to travel by train instead of a car or airplane for a trip
	Political Action
	Show up at a demonstration supporting a renewable energy/fossil-free future
	Purchase carbon offsets? www.terrapass.com , www.nativeenergy.com , www.b-e-f.org
	Talk with friends and family about climate change issues
	Write a letter to the editor on climate change issues
	Write a letter or email to a legislator on climate change issues
	Submit comments to a regulatory agency on permitting for fossil fuel infrastructure
	Raise climate change concerns at a politician's town hall meeting
	Testify at a public hearing on climate change issues
	Vote for politicians who are committed to working on climate change
	Donate to an organization working on climate change/environmental issues
	Sign a petition related to climate change
	Subscribe to emails from a climate change or other environmental organization
	Participate in task force activities of the Corvallis Sustainability Coalition
	Attend a meeting about the Corvallis Climate Action Plan
	Attend meetings and participate in activities of a climate/environmental organization
	Join 350Corvallis for news of local events, and climate activism opportunities
	Research
	Get info on the web from 350.org, Citizens Climate Lobby, Our Children's Trust, Our Climate, Sierra Club, Climate Mobilization, Rainforest Action Network, Greenpeace, Climate Solutions, Post-Carbon Institute, Sightline Institute, Rocky Mountain Institute, Spark Northwest, Renew Oregon, Climate Reality Project, Spring Creek Project, others?